

## Friezland Primary School: Breadth of study

### Drugs, Alcohol and Tobacco Education (DAAT)



“Personal, social, health and economic (PSHE) education is a planned, developmental programme of learning through which children and young people acquire the knowledge, understanding and skills they need to manage their lives now and in the future. As part of a whole-school approach, PSHE education develops the qualities and attributes pupils need to thrive as individuals, family members and members of society. (PSHE Association, 2013).

DAAT is an important element of PSHCE teaching and learning. The table below shows the elements that are covered in each class on an annual basis.

<b>Class 1</b>	<b>Class 2</b>
<ul style="list-style-type: none"> <li>-Feeling healthy and feeling ill</li> <li>-The role of doctors, nurses, dentists etc.</li> <li>-Using medicines safely (home / school)</li> <li>-Making the right choices</li> <li>-People who help to keep us safe e.g. parents, teachers, police etc.</li> <li>- Heartstart: Emergency Life Support Skills (ELS) Level 1a</li> <li>-Visit to the Life Bus (every other year)</li> </ul>	<ul style="list-style-type: none"> <li>-Feeling healthy and feeling ill</li> <li>-The role of doctors and other health professionals</li> <li>-Using medicines / household products safely (home / school)</li> <li>-Making the right choices</li> <li>-People who keep us safe</li> <li>-Bodies and feelings</li> <li>-Risky activities (i.e. finding unidentified medicines)</li> <li>-alcohol and tobacco may be <b>briefly</b> discussed as potentially harmful substances depending on pupils' prior knowledge and contributions to class discussions.</li> <li>- Heartstart: Emergency Life Support Skills (ELS) Level 1a-b</li> <li>-Visit to the Life Bus (every other year)</li> </ul>
<b>Class 3</b>	<b>Class 4</b>
<ul style="list-style-type: none"> <li>-Bodies and feelings</li> <li>-What do I know about drugs?</li> <li>- Legal and illegal drugs (brief categorisation may occur based upon pupil input in lessons / prior knowledge but this is usually covered in class 4)</li> <li>-Caffeine</li> <li>-Using medicines safely (home / school)</li> <li>-Risk management / peer pressure</li> <li>-Tobacco / vaping (risks and effects)</li> <li>-Alcohol (risks and effects)</li> <li>-Asking for help</li> <li>-Heartstart: Emergency Life Support Skills (ELS) Level 1 &amp; 2</li> <li>-Visit to the Life Bus (every other year)</li> </ul>	<ul style="list-style-type: none"> <li>-Bodies and feelings</li> <li>-What do I know about drugs?</li> <li>-Using medicines safely (home / school)</li> <li>-Risk management / peer pressure</li> <li>-Drugs and the law</li> <li>-Use and misuse of drugs</li> <li>-Tobacco / vaping (risks and effects)</li> <li>-Alcohol (risks and effects)</li> <li>-Volatile substances</li> <li>-Illegal drugs (risks and effects)</li> <li>-Asking for help</li> <li>- Heartstart: Emergency Life Support Skills (ELS) Level 1, 2 &amp; 3</li> <li>-Visit to the Life Bus (every other year)</li> </ul>