



**“A Family Committed to Making a Difference”**

**Emotional Health & Mental Wellbeing: Graduated Response**

<b>Universal Support Stage 1</b>	<b>Selected Support Stage 2</b>	<b>Targeted Support Stage 3</b>
<p>US refers to adjustments, interventions and support accessible to all children, delivered at a whole-school level.</p>	<p>SS refers to support and interventions delivered using the school's resources, and led by a staff member.</p>	<p>TS refers to support and interventions for children who have more complex and enduring emotional or mental health needs who generally requires some level of involvement from an appropriately qualified professional in addition to ongoing adjustment, intervention and support delivered from the school's resources.</p>
<b>Friezland's School Offer</b>		
<ul style="list-style-type: none"> <li>*Open door policy</li> <li>*PSHCE Curriculum and wider curriculum</li> <li>*SEAL</li> <li>*Buddy system</li> <li>*Transition support / activities / visits</li> <li>*Children's University / The Oldham Pledge</li> <li>*Awards, stickers, certificates, positive reinforcement</li> <li>*'Friezland Expectations'</li> <li>*Trusted / familiar adults</li> <li>*Visits / Visitors- Freddy Fit, NSPCC, Life Bus etc.</li> <li>*Residential</li> <li>*Outdoor Learning</li> <li>*Extra-curricular clubs</li> </ul>	<ul style="list-style-type: none"> <li>*Mindfulness sessions</li> <li>*Health Champions</li> <li>*Forest Fun</li> <li>*Lego Therapy</li> <li>*Time to Talk</li> <li>*Social Skills / stories</li> <li>*Pastoral support</li> <li>*Transition support / activities / visits</li> <li>*Charisma Project</li> </ul>	<ul style="list-style-type: none"> <li>*MIND Workshops (friendship / stress busting etc.)</li> <li>*LA QEST</li> <li>*School Council Service</li> <li>*School Nurse</li> <li>*PEP / LAC Support / Meetings</li> <li>*Bereavement support</li> <li>*Transition support / activities / visits</li> </ul>