



Friezland Primary School: Breadth of study
Drugs, Alcohol and Tobacco Education (DAAT)

PSHE education is a school subject through which pupils develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepared for life and work. Well-delivered PSHE programmes have an impact on both academic and non-academic outcomes for pupils. Our PSHE Curriculum aims to develop skills and attributes such as resilience, self-esteem, risk-management, teamworking and critical thinking.

DAAT is an important element of the PSHE curriculum. The table below shows the elements that are covered in each class, on an annual basis.

Class 1	Class 2
<ul style="list-style-type: none"> -Feeling healthy and feeling ill -The role of doctors, nurses, dentists etc. -Using medicines safely (home / school) -Making the right choices -People who help to keep us safe e.g. parents, teachers, police etc. 	<ul style="list-style-type: none"> -Feeling healthy and feeling ill -The role of doctors and other health professionals -Using medicines / household products safely (home / school) -Making the right choices -People who keep us safe -Bodies and feelings -Risky activities (i.e. finding unidentified medicines) -alcohol and tobacco may be briefly discussed as potentially harmful substances depending on pupils' prior knowledge and contributions to class discussions.
Class 3	Class 4
<ul style="list-style-type: none"> -Bodies and feelings -What do I know about drugs? - Legal and illegal drugs (brief categorisation may occur based upon pupil input in lessons / prior knowledge but this is usually covered in class 4) -Using medicines safely (home / school) -Risk management / peer pressure -Tobacco / vaping (risks and effects) -Alcohol (risks and effects) -Asking for help 	<ul style="list-style-type: none"> -Bodies and feelings -What do I know about drugs? -Using medicines safely (home / school) -Risk management / peer pressure -Drugs and the law -Use and misuse of drugs -Tobacco / vaping (risks and effects) -Alcohol (risks and effects) -Volatile substances -Illegal drugs (risks and effects) -Asking for help - Heartstart: Emergency Life Support Skills (ELS) Level 1, 2 & 3