FERIM MENU Review week 1 Sept 2020 Covid-19.docx



Monday	Tuesday	Wednesday	Thursday	Friday Meat Free
MSC Bubble Fish with Lemon Wedge	Wholemeal Pasta Neapolitan & Crusty Roll	Homemade Deep Meat and potato pie	Chicken Fajita Wrap	Homemade Cheese &Tomato Pizza Slice
Baked Potato with Filling	Baked Potato with Filling	Baked Potato with Filling	Baked Potato with Filling	Baked Potato with Filling
Creamed Potatoes	Medley of Vegetables	Fresh Broccoli	Homemade Herby Diced	Oven Baked Thick Cut Chips
Peas & Sweetcorn mix		Carrots Batons	Sweetcorn Cobettes	Baked Beans
Homemade Syrup Sponge with Creamy Custard	Banana Mousse with Toffee Sauce	Homemade chocolate coated Flapjack finger	Homemade Vanilla iced sponge squares	Fresh fruit Salad & Ice Cream
Basket of Fresh Seasonal Fruit or Melon Slices	Basket of Fresh Seasonal Fruit	Basket of Fresh Seasonal Fruit or Fresh Fruit Salad Pot	Basket of Fresh Seasonal Fruit	
Organic Yeo Valley Yoghurt	Organic Yeo Valley Yoghurt	Organic Yeo Valley Yoghurt	Organic Yeo Valley Yoghurt	Organic Yeo Valley Yoghurt

as Organic Milk, Yoghurt, Cheese, Eggs, Flour, Fresh Meat (menu A), Vegetables, Higher Animal welfare meat, MSC Fish and Tuna. We serve daily a fresh salad bar with wholemeal bread and fresh drinking water is also available

Over 90% of the food on this Menu is Homemade by our dedicated Catering Teams and cooked on site. We use high quality, regionally sourced products such

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Monday

Neapolitan Pasta Bake & Crusty Roll

Sweetcorn &Peas

Homemade Raspberry Round

Organic Yeo Valley Yoghurl

Basket of Fresh Seasonal Fruit

Oven Baked Sausages

Baked Jacket Potatoes with Tuna &Sweetcorn filling

Baked Jacket Potato with Filling of the Day

Creamed Potatoes

Baked Beans

Basket of Fresh Seasonal Fruit or Melon slices

Organic Yeo Valley Yoghurt

Wednesday

Homemade Savoury Meat Pie

Beans Filling Baked Potato with Baked

Creamed & Roast Potatoes

Fresh Carrot Batons

Homemade Fairtrade coco crispie cake

or Fresh Fruit Salad Pol Basket of Fresh Seasonal Fruit

Organic Yeo Valley Yoghurl

including some of which are organic. We use higher animal welfare meat and MSC fish. A fresh salad bar with wholemeal bread and fresh drinking water is Over 90% of the food on this menu is homemade by our dedicated Catering Teams and cooked on site. We use high quality regionally sourced products

Savoury Cheese Panini

Homemade Wedges

Marrowfat Peas

Organic milk

Organic Yeo Valley Yoghuri

Friday Meat Free

Msc Fish cake

Homemade Ginger Sponge & Creamy Custard made with

Basket of Fresh Seasonal Fruit

Chefs Choice Pizza

filling of the Day Baked Jacket Potato with

Chunky Chips

Baked Beans

Oaty Chocolate Chip Cookie

Fruit and Fruit Pots Basket of Fresh Seasonal

Organic Yeo Valley Yoghurt

served daily

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Monday

Homemade Chicken Curry of the day with 50/50 Rice

Cheese Filling Baked Potato with Savoury

Sweetcorn and Peas Mix

Fruity Mousse

Basket of Fresh Seasonal Fruit

Organic Yeo Valley Yoghurt

MSc Fish Choice of the Day

Assorted Sandwiches

Homemade Jacket Wedge Potatoes

Baked Beans

served with Milkshake Drink Homemade Shortbread Biscuit

Basket of Fresh Seasonal Fruit or Melon slices

Organic Yeo Valley Yoghurt

Organic Yeo Valley Yoghurt

Wednesday

Homemade Beef Burger served in a Bun

Baked Potato and Tuna Mayonnaise Filling

Homemade Herby Diced Potatoes

Cobettes

Homemade Crumble Top

Basket of Fresh Seasonal Fruit

Spicy Tomato Penne Pasta & Crusty Roll

Mayonnaise Filling Baked Potato with Tuna

made with organic milk mandarin sponge and Custard

Basket of Fresh Seasonal Fruit or Fresh Fruit Platter

Organic Yeo Valley Yoghurt

Homemade Cheese &

Friday Meat Free

Fresh Broccoli

Homemade chocolate and

Tomato Pizza

Baked Beans

Oven Baked Chunky Chips

Rainbow Jelly and Ice Cream

Basket of Fresh Seasonal

Organic Yeo Valley Yoghurt

salad bar with wholemeal bread and fresh drinking water is also available as Organic Milk, Yoghurt, Cheese, Eggs, Flour, Fresh Meat (menu A), Vegetables, Higher Animal welfare meat, MSC Fish and Tuna. We serve daily a fresh Over 90% of the food on this Menu is Homemade by our dedicated Catering Teams and cooked on site. We use high quality, regionally sourced products such

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