



# Friezland Primary School

'A Family Committed to Making a Difference'

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Headteacher: Miss R Swaby B.Ed (Hons) PGCE

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## The Friezland Curriculum: Drug, Alcohol & Tobacco Education (DAAT)

Dear Families,

At Friezland Primary School we believe PSHE (Personal, Social, Health Education) is an important part of your child's education. We want all our children to grow into happy, healthy and safe adults, and to learn the skills necessary to help them make the right choices in life.

PSHE includes the themes of: wellbeing; healthy lifestyles; anti-bullying; feelings and emotions; safety; Drugs, Alcohol and Tobacco Education (DAAT) and Relationship and Sex Education (RSE). These themes are taught in an age-appropriate way as separate units of work and also in a cross-curricular way, throughout the school year.

At Friezland, DAAT Education is taught primarily throughout the statutory Science curriculum. However, to supplement this, we also cover further non-statutory guidance over the course of the second half of the autumn term during our 'Healthy Me' week.

Attached is a brief summary of the content that is taught to each class; we hope this information will help give you the peace of mind you may require. If you have any questions regarding the PSHE curriculum, please speak with your child's class teacher in the first instance as they will be familiar with the class content and coverage.

Kind regards,

Miss R Swaby (Headteacher)

