



Friezland Primary School: Healthy Me! Breadth of study



Drugs, Alcohol and Tobacco Education (DAAT)

Personal, Social, Health and Economic Education (PSHE Ed) is a school curriculum subject in England that helps children and young people stay healthy, safe and prepared for life – and work – in modern Britain. When taught well, PSHE Ed also helps pupils to achieve their academic potential. The Department for Education’s statutory guidance for Health Education at primary phase requires that pupils be taught the facts and risks associated with drug, alcohol and tobacco use.

DAAT is an important element of PSHE Ed teaching and learning. The table below shows the elements that are covered in each class, on an annual basis.

Class 1	Class 2
<ul style="list-style-type: none"> -Feeling healthy and feeling ill -The role of doctors, nurses, dentists etc. -Using medicines safely (home / school) -Making the right choices -People who help to keep us safe e.g. parents, teachers, police etc. <div style="text-align: center; margin-top: 20px;">  </div>	<ul style="list-style-type: none"> -Feeling healthy and feeling ill -The role of doctors and other health professionals -Using medicines / household products safely (home / school) -Making the right choices -People who keep us safe -Bodies and feelings -Risky activities (i.e. finding unidentified medicines) -alcohol and tobacco may be briefly discussed as potentially harmful substances depending on pupils’ prior knowledge and contributions to class discussions.
Class 3	Class 4
<ul style="list-style-type: none"> -Bodies and feelings -What do I know about drugs? - Legal and illegal drugs (brief categorisation may occur based upon pupil input in lessons / prior knowledge but this is usually covered in class 4) -Caffeine -Using medicines safely (home / school) -Risk management / peer pressure -Tobacco / vaping (risks and effects) -Alcohol (risks and effects) -Asking for help 	<ul style="list-style-type: none"> -Bodies and feelings -What do I know about drugs? -Using medicines safely (home / school) -Risk management / peer pressure -Drugs and the law -Use and misuse of drugs -Tobacco / vaping (risks and effects) -Alcohol (risks and effects) -Volatile substances -Illegal drugs (risks and effects) -Asking for help <div style="text-align: center; margin-top: 20px;">  </div>