



Newsletter

21st December 23

The Greatest Fairytale Ever Told!



On Tuesday morning, our school hall was transformed into a theatre for our annual Christmas Pantomime! This year, children were treated to a unique fairytale which included a whole host of characters from Cinderella and Snow White, to Goldilocks and the Three Little Pigs. Reception pupils enjoyed sitting beside their buddies in the audience and joined in with booing at the evil queen and cheering the goodies! Joseph (Y4) laughed when the characters crashed into each other, Meredith (Y3) thought it was funny when everyone had to gasp every time the Big Bad Wolf came on, and Jamie (Y1) said her favourite part was when the characters spoke to each other through the magic mirror. Thank you to Friends of Friezland for covering the cost of the show for our pupils.

Foodbank Donations



Thank you for the kind donations for Oldham Foodbank. They were collected by a member of the Foodbank team on Monday who explained that all donations are very gratefully received.

Class 3 Swimmers



At Friezland, our pupils attend weekly swimming lessons from September to February half-term in both Year 3 and Year 4. As we reach the end of the first term, the pupils in Class 3 have received their certificates of achievement in Swimming and we are really proud of them all. They have achieved a combination of awards including Grades 1, 2 & 3, Water Safety, Personal Survival and Competent Swimmer. Keep up the good work Class 3!

Merry Christmas and Happy New Year



The staff and Governors at Friezland Primary School would like to wish all our families a very Merry Christmas and a Happy New Year! We'll see you all when we return on **Monday 8th January 2024**.

Year 6 SATs Information Meeting

On **Thursday 11th January**, at **5pm**, Mr Bunn will host a virtual information meeting for the families of **YEAR 6** pupils about the SATs assessments which will take place in May. The meeting will last approximately 40 minutes and will be an opportunity for you to find out: what the SATs are about; when they take place; what they involve; how we help the children to prepare in school; and what you can do at home to help. A meeting link will be emailed out in the first week back after Christmas and will also be shared on the YEAR 6 Google Classroom page. We hope you will be able to attend.

DLP Choirs Walk into a Winter Wonderland



The school choirs from all 7 of the Dovestone Learning Partnership primary schools have been rehearsing a Christmas song simultaneously this half term, in order to share a special performance with our DLP families. Click [here](#) to enjoy our performance of 'Walking in a Winter Wonderland'!

School Dinners: Spring 1

Thank you for supporting our School Dinners service this term. Yesterday, 94% of pupils enjoyed a Christmas Buffet lunch! School dinners are priced at **£2.70** per day (KS2 only) and **MUST** be paid for in advance. Please top-up your Eduspot account accordingly ready for the new term.

Weekly = **£13.50**

Spring 1 Half Term = **£81.00** (30 days)

Autumn 2 Team Point Winners: **ALPHIN**

Congratulations to the **GREEN** team, Alphin, who won the most weekly team point stars this half term! You have earned a **non-uniform day** on **Friday 12th January**.

Primary School Places 2024

If your child is due to start school in **September 2024**, please ensure you have applied for a place before the deadline of **15th January 2024**. If you have an OLDHAM postcode, click [here](#) to apply. If you have a TAMESIDE postcode, click [here](#) to apply.

DATES FOR THE DIARY

January

8th First day of term

11th Year 6 SATs info meeting for parents (link to be emailed)

12th Y6 Kingswood payment due

16th Governors Learning in Action visit

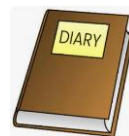
February

5th Healthy Me Week: E-Safety

7th Young Voices – choir concert

14th Freddy Fit visit

16th Last day of term



12 Top Tips for Children and Young People to Enjoy a TECH-FREE CHRISTMAS

The Christmas holidays are tailor made for families to enjoy relaxed quality time in each other's company – but with distractions like pinging phone notifications, the lure of games consoles and online Boxing Day sales, that can be more difficult than it sounds. Staying off our phones, laptops and tablets, however, can really help us to appreciate the things that genuinely matter at this special time of year. Follow our 12 top tips for a tech-free festive season ... Yule be glad you did! Merry Christmas!

CHRISTMAS CRAFTING

Get out the paper, glue and scissors and have a go at hand-making cards or gift tags. You could also create your own decorations to add a uniquely personal touch to the Christmas tree.

NATURE QUEST

Try a scavenger hunt in the garden or your local park. Challenge yourself and your family to find natural treasures that are symbolic of this time of year – like holly or pinecones, say.

CAROL KARAOKE

Sing your hearts out with a Christmas carol karaoke night. Pick out your favourite tunes and enjoy a musical celebration with family and friends.

WANDER DOWN MEMORY LANE

How about making a scrapbook filled with your favourite memories from Christmases gone by? Unleash your creativity while you enjoy reliving those magical holiday moments.

TRY REFLECTIVE JOURNALLING

Jot down your thoughts, feelings and reflections on the holiday in a notebook or diary – you could also list some of your main goals for the new year.

WRAP IT UP

Take time to get inventive with some luxurious gift wrapping. Break out the wrapping paper, ribbons and bows to make parcelling up those presents into a creative adventure.

WALK IN A WINTER WONDERLAND

Delight in the great outdoors with some gentle walks over the holiday. The family can all wrap up warm as you add to your step count and savour the crisp winter air together.

BE A SEASONAL CHEF

Get the whole family working together in the kitchen for some Christmas cooking. Choose a recipe and whip up a festive feast that all of you can enjoy.

ENJOY A CHRISTMAS STORY

Christmas is a perfect time for sparkling stories. Get cosy and lose yourself in a brilliant book, from Dickens to Dr Seuss or a more modern favourite by Chris van Allsburg or Tom Fletcher.

SNOWY SCULPTURES

If we're fortunate enough to get a white Christmas this year, make the most of the opportunity by having a family snowman-building competition!

GAMES NIGHT GALA

Dive into some old-school fun with a tech-free games night. Classic board games and card games have stood the test of time for a reason!

GOODWILL TO ALL

You and your family could spend a day volunteering – perhaps at a food bank or helping a local charity. After all, kindness and thinking of others are part of what Christmas is all about.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.



The National College

NOS National Online Safety
#WakeUpWednesday

Top Tips for SETTING UP PARENTAL CONTROLS ON NEW DEVICES

In children's eagerness to start enjoying new digital gadgets immediately, it can be easy to overlook setting up the type of parental controls that can help to protect them online. If you don't sort those out from the very start, it can be an uphill battle – technologically and psychologically – to impose such controls later. Here's our rundown of what to look for, when setting up the various internet-enabled devices that might be lurking under the tree at this time of year.

IPHONE

If your child's lucky enough to be getting their own iPhone, parental controls can help avoid issues like screen addiction and unsuitable content. Go into the settings and scroll down to 'Screen Time'. From here you can customise important settings including time limits on using the device, communication restrictions and content blockers. You can also lock your changes behind a passcode.

ANDROID

With Android devices, Google's Family Link app is your friend. You'll need a Google account – and a separate one for your child, which you should use when first setting up the device. Then, in Family Link on your own device, select 'Add Child' and enter their account details. This lets you specify limits on daily usage, restrict certain apps, block particular content and more.

PLAYSTATION

You can prep for a PlayStation before it's even unwrapped. At my.account.sony.com, create an account, then go to Account Management > Family Management > Add Family Member to set up your child's account, which you'll use to sign in on the console. You can restrict the age ratings of the games they can play and who they can talk to. On the PS5, you can make exceptions for any games you think are acceptable despite their high age rating.

IPAD

iPad parental controls are identical to those on iPhones. However, if you've got a shared family iPad and want to ensure your children aren't seeing anything age-inappropriate after you hand them the device, there's a feature called Guided Access (under Settings > Accessibility > Guided Access). With this switched on, young ones can only use the app that's currently open.

XBOX

The Xbox Family Settings app helps you manage which games your child can play (and when). You'll need to set up the console with your own account and then add a child profile. Make sure your account's password protected, so your child can't alter your choices later. You'll be walked through the functions at setup, but you can also reach them manually via Settings > Account > Family Settings.

NINTENDO SWITCH

Download the Nintendo Switch Parental Controls app on your phone, and you'll be shown how to link it to the console. Once that's done, you can limit how long your child can play each day, decide what age ratings are permitted and more. You'll also get weekly updates on how often they've used the device. These controls are accessible through the console itself, but the app is usually easier.

WINDOWS 11 PCs

On Windows 11, account management is key. Set up the device with your own account as the admin. Then go to Settings > Accounts > Family and Other Users and create your child's account (if you've already done this on a previous PC, just log in with those details). Microsoft Family Safety (either the app or the site) then lets you control screen time, what content children can view and more.

CHROMEBOOKS

Chromebooks' parental controls are managed via the Family Link app. Unlike an Android device, however, you need set up the Chromebook with your own account first, then add your child's. Go to Settings > People > Add Person and input your child's Google account details (or create a new account). Your child can then log in, and you can monitor what they're up to via Family Link.

MACS

Like iPhones, parental controls for Macs are managed via the Screen Time settings. Again, the crux here is to set yourself up as the administrator before adding any child accounts. In the settings, look for Users & Groups to create your child's account, then – while on their profile – use the screen time options to place any boundaries around apps, usage and who your child can communicate with (and vice versa).

SMART TVS

Smart TVs typically have their own individual parental controls. One of the most popular brands is Samsung – and on their TVs, you can control the content available to your child. In the Settings menu, under 'Broadcasting', you can lock channels and restrict content by its age rating. Even this isn't foolproof, however: some apps (like YouTube) might still let children access unsuitable material.

Meet Our Expert

Barry Collins is a technology journalist and editor with more than 20 years' experience of working for titles such as the Sunday Times, Which?, PC Pro and Computeractive. He's appeared regularly as a tech pundit on television and radio, including on BBC Newsnight, Radio 5 Live and the ITV News at Ten. He has two children and writes regularly on the subject of internet safety.



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