



"A Family Committed to Making a Difference"

**Emotional Health & Mental Wellbeing: Graduated Response**

Universal Support Stage 1	Selected Support Stage 2	Targeted Support Stage 3
<p>US refers to adjustments, interventions and support accessible to all children, delivered at a whole-school level.</p>	<p>SS refers to support and interventions delivered using the school's resources, and led by a staff member.</p>	<p>TS refers to support and interventions for children who have more complex and enduring emotional or mental health needs who generally requires some level of involvement from an appropriately qualified professional in addition to ongoing adjustment, intervention and support delivered from the school's resources.</p>
Friezland's School Offer		
<ul style="list-style-type: none"> <li>*Open door policy</li> <li>*ZAP PSHCE Curriculum and wider curriculum</li> <li>Think Equal Program - Rec</li> <li>*Assembly Themes</li> <li>*Buddy system Y6-Rec</li> <li>*Transition support / activities / visits</li> <li>*Teams Membership &amp; Team Points</li> <li>*Awards, stickers, certificates</li> <li>* 'Friezland Expectations' &amp; positive reinforcement</li> <li>*Trusted / familiar adults</li> <li>*Visits / Visitors- Freddy Fit, NSPCC, School Nurse</li> <li>*Outdoor Learning</li> <li>*Extra-curricular clubs</li> <li>*Residential</li> </ul>	<ul style="list-style-type: none"> <li>*Mindfulness sessions</li> <li>*Think Bricks</li> <li>*Forest Fun</li> <li>*Lego Therapy</li> <li>*Time to Talk</li> <li>*Social stories</li> <li>*Pastoral support</li> <li>*Additional Transition support / activities / visits</li> </ul>	<ul style="list-style-type: none"> <li>*School Counsellor (Concentric Circles)</li> <li>*LA QEST</li> <li>*School Nurse</li> <li>*PEP / CLA Support / Meetings</li> <li>*Bereavement support</li> <li>*Individual Transition support / activities / visits</li> <li>*Parenting Course (Early Help Team)</li> </ul>

Updated Jan 2024