



7th February 2025

Newsletter

Children's Mental Health Week



We have had a week of self-reflection, as children have learned to 'know yourself, grow yourself' through Children's Mental Health Week. We have talked about naming and recognising our feelings and knowing what makes us feel different emotions. We have talked about strategies to cope with our feelings and our Wellbeing Champions have introduced special "I want my teacher to know..." boxes into classrooms, so that children always have the option to write, if they can't find the right time or the right words to share their good news or thoughts or worries with us.

At lunchtimes, we have been sitting in our colour teams and, as a result, children have been building friendships with children from different classes who they may not have spent a lot of time with before. We have re-introduced Partner Reading for children in Years 1-6, so that, each Friday, older children have a chance to listen to their younger partner read their reading book and also read a story to them. We finished the week, in our Celebration Assembly, with a reminder of the importance of positive self-talk using this video [link](#).

Pancake Day!



As is tradition at Friezland, we will host the great **Friezland Flip** on Shrove Tuesday, **4th March**. Every child will take part by tossing a pancake as many times as possible in one minute! Our School Council will organise the event, and there will be a small prize for the person in each year group who manages the most flips. Today, children will bring home a sponsor form. Please help your children to gather sponsors for the big day. Sponsorship money can be sent into school in cash, or you can pay it on School Spider... the amount is set as £1 but you can overtype. There will also be a prize for the top fundraiser overall!

Additionally, at lunchtime on 4th March, our school dinner will include **American Pancakes for dessert** with a range of different toppings. If your child usually has a packed lunch but would like a school dinner that day, please pay on School Spider.



Tuck Shop

Friends of Friezland will run a tuck shop on the last day of term – next Friday – at 3.15pm in the shelter. Children in Frosties will have the opportunity to buy a treat so please send their money in an envelope in their bag for Frosties staff. Thank you



Reminder: At Friezland, rather than children bringing in sweets or cakes for birthday, we have our birthday book scheme where children can donate a book to the class library. Thanks for your understanding.

Frosties: Change to Friday Hours



We are very proud of our before-and-after school provision, Frosties, where children are well-looked after by our caring and dedicated staff, and they have a lot of fun! We are open every day from 7.30am and until 5.45pm. We have been tracking attendance and trends over the last year and, unfortunately, the Headteacher and Governors have had to make the decision to shorten after-school hours on a **Friday** from the Summer term onwards. This is due to very low numbers attending after 4.30pm which puts a strain on our staffing costs.

From **Tuesday 22nd April, on Fridays, Frosties will close at 4.30pm**. We appreciate this will be difficult for the few families who use the later option on a Friday and sincerely apologise for the disruption. We hope that you will understand our reasoning and that the advance warning will provide time to make alternate arrangements.

Key Stage 2 Times Tables Rockstars Competition



Today, children in class 3 and 4 competed against children from all across the UK in a Times Tables speed contest! Our rankings have fluctuated throughout the day, as schools are logging on and participating at different times in the day, but at midday, we were ranked 4th out of 70 schools participating in Greater Manchester... and very excited!

Knowing and being able to recall times tables facts, at speed, is a crucial skill which helps children to be prepared for their Maths learning in Year 5 & 6 and beyond. At the end of Year 4, children complete a national assessment of their times tables knowledge, testing their recall of multiplication and division facts up to 12 x 12. At Friezland, we use the TT Rockstars app, alongside lots of other strategies, to help children with their times tables. Any support you can offer at home with learning times tables, through games and songs and practise, is a bonus... so thank you!

February

- 10th Healthy Me Week 2: E-Safety (Whole School)
- 10th DLP AGM Virtual 5-5.30pm
- 11th Year 3 & 4 Girls Football Competition with Latics
- 12th E-Safety Workshops for pupils
- 13th Y3 & 4 DLP Archery Competition – Rescheduled
- 14th Rec & Y6 Height and Weight checks (School Nurse)
- 14th Last day of term – Tuck shop
- 24th INSET
- 25th First day of Term (Tuesday)



March

- 4th Friezland Flip & Pancake Lunch
- 7th World Book Day (details to follow next week)